



PROVIDER ALERT

Information Session on Optum's New Transition-Aged Youth Guide

April 1, 2022

Alert Summary: This alert details the upcoming 30-minute Information Session relating to the new Optum resource, the Transition-Aged Youth Guide.

Dear Provider,

At Optum Idaho, our mission is to improve our members' access to care and to focus on addressing the needs of our Idaho members. The goal of the Transition-Aged Youth (TAY) Guide is to provide information and resources that can be easily used by our members, providers and partners that work with youth to support a successful transition from youth behavioral health services to adult behavioral health services.

The TAY Guide provides information specific to:

- Resources and support when you are ready to apply to Medicaid.
- Regional Medicaid contact information.
- Behavioral health services.
- Early Periodic Screening, Diagnostic and Treatment (EPSDT) process.
- How to find a provider and questions to ask your provider.
- The importance of self-advocacy and tools you can use.

This guide is intended and written specifically for youth ages 17-18 years old who are moving from youth Medicaid behavioral health services into adult Medicaid behavioral health services.

Information Session:

- Date: Wednesday, April 20, 2022
- Time: 1 p.m. MT
- Length: 30 minutes
- Registration: [TAY Registration](#)

Please contact your Provider Relations Advocate or email optum_idaho_network@optum.com, if you have any questions.

Thank you,

The Optum Idaho Team